

FOUR WAYS YOU CAN VOLUNTEER FOR GIRLS INC. OF MEMPHIS



COLLECTION DRIVES

Can't commit to a lot of time or specific days? Then this is the opportunity for you.

Help us by collecting items most needed by our girls.

Collect: School supplies, kitchen supplies, feminine hygiene products, and more.

See the list, start collecting items, and drop them off at Girls Inc. of Memphis, located at **910 Vance Ave., Memphis, TN 38126**. It's as easy as that!

Items needed are listed on the back of this sheet.



HELP OUT AT OUR CENTERS

Do you and your friends like to help out with homework? Are you good with a craft or like movies?

Sign up to help serve a snack or meal at one of our centers. Then stay to help our girls with homework or participate in their planned activities. This opportunity takes place each weekday, 3:30–5:30 p.m.

If you would like to do this on an ongoing basis, you will be asked to pay for a background check. Once approved, you can volunteer as much as you want!



FARM WORK

Like to work outside? Looking for an opportunity to get your hands dirty?

Then sign up to volunteer at our own Girls Inc. Youth Farm. Help us plant and harvest our produce.

Farm opportunities are listed on the Girls Inc. of Memphis website under "Volunteer" (in the "Take Action" section). Sign up today. Girls Inc. Youth Farm is located at **1179 Dellwood Ave., Memphis, TN 38127**.



MENTOR A GIRLS INC. OF MEMPHIS GIRL

Have more time to commit to helping our girls?

Consider being a mentor through our Bold Futures Mentoring Program. This effort consists of dedicating at least 48 hours throughout the year (minimum 4 hours per month) to help mentor our girls.

There will be a background check, orientation, and training to be a mentor, so sign up today.

For more information, please contact: Dora Harris at dharris@girlsincmemphis.org.

For questions about individual or group volunteering opportunities, please contact: Vicki Carayiannis at vcarayianis@girlsincmemphis.org.

Minimum age to volunteer at Girls Inc. of Memphis is 18 years old.

**girls
inc.**
of Memphis

FILL THE NEED

HYGIENE ITEMS

Kits for Adults

- Tampons
- Soap
- Toothpaste
- Hand sanitizer
- Feminine hygiene products
- Washcloths
- Floss
- Tissues
- Shampoo
- Small make-up bags
- Deodorant
- Lotion
- Toothbrushes
- Lip balm

Kits for Children

- Children's shampoo
- Brushes/Combs
- Toothbrushes
- Toothpaste

CENTER SUPPLIES

General

- Flip chart paper
- Loose-leaf paper
- Pencils
- Play-Doh
- Dry erase markers
- Hand-held pencil sharpeners
- Markers
- Yoga mats
- Glue sticks

Kitchen

- Storage tubs with tops
- Food storage containers with tops
- Glass measuring cups
- Cooking utensils
- Aprons

SCHOOL SUPPLIES

- 3-ring binders
- Crayons
- Ink pens (black, blue, red)
- Tissues
- Calculators
- Earbuds
- Loose-leaf paper
- Gift cards to Knowledge Tree, Walmart, The Home Depot, etc.
- Colored pencils
- Folders with pockets
- Pencils
- Composition notebooks
- Glue sticks
- Pencil bags
- Copy paper
- Hand sanitizer
- Spiral notebooks

GIRLS INC. INCENTIVE STORE

- Individual sized treats and snacks
- Headbands
- Lip gloss
- Bracelets
- Pretty, glittery water bottles
- Mini-dolls
- Slime
- Fanny packs
- Gloves
- Headphones
- Necklaces
- Restaurant gift cards